You shouldn't have to put up with niggles and pains when working hard to improve your fitness!

- Shoulder pinches when reaching overhead?
- Pulling up sore in your back or neck after your session?
- Knee twinges or catches on squats or steps?

North East Physiotherapy
Moving You Through Life

Don't put it off any longer
…. *do* something to help yourself become pain-free….
Contact North East Physiotherapy today

Exclusive 20% discount for YMCA Gold members

Discount off Initial Consultation for injury assessment (proof of membership req'd)

OUR SKILLED PHYSIOTHERAPISTS CAN ASSESS AND TREAT YOUR PROBLEM PROMPTLY TO GET YOU MOVING AGAIN

✓Joint and muscle pain ✓Spine pain ✓Pelvic / Hip pain ✓Core Stability
✓Sports Injuries ✓Shin and calf pain✓Headaches✓ Foot / lower limb problems

Don't let pain or injury slow down your fitness goals!!!

North East Physiotherapy

10 Chisholm St, Wangaratta

Moving You Through Life

☎ 03 5722 1424